

## **Action Plan 'Healthy Teeth Challenge' (outcomes Focus Group Discussions/FDG's)**

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(Number 1) FGD with canteen ladies + teachers

- New toothbrushing volunteers (3)

(Number 2) FGD with teachers + parents + candy selling mamas

- New toothbrushing volunteers (1)
- WhatsApp group: Itsitsa Primary Oral Health Promoters
- Facebook group: Itsitsa Primary Parents for Oral Health and Nutrition
- Education groups to spread the message
  - At Itsitsa Primary
  - In the churches (theatre play by Mrs. Matiwane)
  - Sanco meetings
- Flyers to spread the message (use problem tree)
  - Target especially pregnant women to start awareness as early as possible
- Local radio station (Zibonene)
- Find sponsors

(Number 3) FGD with UWC community dentistry department

- Toothpaste dispensers
  - Look for contacts/possible chemical engineer
  - Give assignment to engineering students and make it a competition; who has the best model will participate in this project
- Dental clinic in Mfuleni
  - Funding is still a problem
- Outreach clinic to the Itsitsa Primary
  - It is a future possibility

(Number 4) FGD with Dutch consulate

- Ward Counsellor meeting (Mavis)
  - Contact the government through them
  - The government is obliged to provide toothbrushes and toothpastes; it is the regulation
  - Reach the government for sponsoring, because people are in their rights to get funding from the government (department of health)
- Youth forums
- The flyers can be info graphics
  - Present the problem tree in Xhosa
- Contact Cocreate SA
- Espresso radio station
  - Interview all of us

- SABC TV shot in the morning
  - Interview Mavis & Dieketso
- Make it a challenge for other primary schools
  - Challenge them to do the same as at Itsitsa Primary (toothbrushing program + education)